

Costumes, Inflatables, Souvenir T-shirt and
a Medal...what more could you want?

The **Insane Inflatable 5k** is coming to **RFK** on **October 31st**
and United Wellness Center can't pass up the opportunity to
join the fun...and we want you to be on our team! Let's burn
some calories before eating all of that Halloween Candy!



Go to <http://insaneinflatable5k.com/washington-dc/> to register.
When prompted, register with our team:

Team Name: United We Run!
Team Wave Time: 10:30am

We can't wait to see you there!!